

Broward County Commissioners, Broward County, Florida
Human Services Department - Bureau of Children's Services
Child Care Licensing and Enforcement Section

Alternate Nutrition Plan for Infants – Pre-K 4

Shepherd of the Coast Early Childhood Center
1901 East Commercial Boulevard - Fort Lauderdale, FL 33308

In accordance with the Broward County Child Care Ordinance/Family Child Care Ordinance, parents and the childcare facility/home are urged to work cooperatively to assure that children are provided with nutritious snacks and meals where lunches are not provided by the facility/home.

Please read the following and carefully, sign and return with registration packet.

The facility/school agrees to provide a nutritious:

breakfast mid-morning snack mid-afternoon snack no meals or snacks

The parent agrees to provide a nutritious:

breakfast mid-morning snack mid-afternoon snack

I have read the preceding and agree to meet the child's nutritional needs as defined above.

Mrs. Faith Grambow
Director Signature

Parent/Guardian Signature

Date

Meals provided by parents shall consist of the following:

- | | | |
|---|---|----------------------------|
| A. Meat/Poultry/Fish 2 ounces
or cheese 2 ounces
or eggs 1 egg
or peanut butter 4 tablespoons
or dried beans/peas ½ cup | B. Fruits (2 or more) ---- ½ cup
or vegetables ----- ½ cup
or fruits & vegetables --- ¾ cup total amount
(vegetables must equal ½ cup) | |
| C. Bread – 1 slice | D. Butter - 1 teaspoon | E. Milk – 1 cup (8 ounces) |

DAY CARE FACILITY BROCHURE STATEMENT
(Chapter 402.3125 F.S.)

I _____ received a copy of the Child Care Facility Brochure.
(parent/guardian name)

Child Name _____ Parent Signature _____ Date _____